

Brentwood Soccer Club



Newsletter

Director of Coaching:
Hans Hobson

Assistant Director of Coaching:
Sandy Pollock

April 6, 2011

Volume: 1

Issue: 4

Member Newsletter



A Note from the DOC

by Hans Hobson

It is that time of the year again! Monday April the 11th is the Annual BWSC Banquet at Crockett Park. This year we have tweaked things a little to encourage anyone and everyone to come attend. The banquet is FREE to everyone and we

are asking that you bring your own food and beverages. Some teams will be bringing tents and setting up for an evening of fun and socializing. The night will start at 5:30 pm and kids will be allowed to run, play, and kick the soccer ball. This year we will also have a fundraising Dunk Tank. Players will be allowed to take kicks to knock their favorite soccer coach into the water for a \$1 per kick. ALL FUNDS earned from the Dunk Tank will go towards next year's Scholarship Fund. Then at 6:30 we will start the awards ceremony in which our FUTURE STARS and CICS team awards will be given. At 7:15 the game of all games will take place in an 8v8 not so friendly match between the coaching staff. Cheer, yell, and even laugh as your favorite coaches take on one another in the most competitive match of the year. The teams for this match are listed below.

Team Boys

Otey Smithson, Jose Londono, Chris Davis, Robbie Stuart, Eric Pittell, Wade Wonderlin, Robert Avinger, Tim McMullen, Jimmy Garret, Andy Stone, Joe Nebel, Adam MacDonald, Rob Perkins

Team Girls

Kyle Roelke, Gift Ndam, Brian Grundy, Cal Long, Justin Moses, Mark Foster, Yusuf Hasan, Richie Reichenberger, CeCe Shell, Daniel Gagliano, Jim Browne, Chris Hendry, Justin Scott

Lastly, if any of you missed the great short film that I sent out earlier this week. I have attached it below. Whenever you feel like our fields are not good enough or that the shoes your parents purchased for you to play soccer are not expensive enough, take a look at this:

<http://www.youtube.com/watch?v=jU4oA3kkAWU&feature=email>



A Note from the Assistant DOC

by Sandy Pollock

In the past month I have had the opportunity to observe our younger boys and girls teams play. I attended the Whitehouse and Stones River tournaments and then had a lot of fun watching our u8 boys play in their first games against other clubs in their own age group.

There were a couple of common themes that I noticed. The children all seemed to really enjoy themselves and the coaches in all age groups were very encouraging and supportive even when things were not always going to plan. I was pleased to see that many of our coaches are encouraging our young players to try to play the game

and not just whack the ball forward as quickly as possible. Trying to play good soccer at a young age has the consequence of giving up a lot of goals, let me explain:

The technical skills are not fully developed therefore when trying to pass the ball to teammates instead of whacking it up front means they are playing in their own half a lot of the time, while technique breaks down at least the coach can see that the players have ideas and are thinking like soccer players. Passing and thinking is a losing proposition at first. This is because most teams when they win the ball will quickly hit it 30 yds past everyone on the field and that is when goals are conceded.

As a parent of a young academy player, try to pay attention to what is going on in the game, not what the score was. Here are some questions to ask yourself:

1. Are players trying to pass the ball to each other or are they just aimlessly whacking it forward?
2. Are players moving into good positions off the ball to try to help their teammates?
3. Are the players being encouraged by the coach to express themselves by being creative?
4. Does the player just kick the ball out of bounds when under pressure or does the player try to find a team mate to pass to, including using the Goalkeeper?
5. How many times does the ball get passed backwards? Backward passes are a part of the game and are used often to relieve pressure.
6. Does the goal keeper punt the ball every time or does he/she try to play out to a back player where the ball can be played through the thirds of the field.

Just remember, attempting to make the right soccer decisions at a young age will cause us to give up goals and even lose games but they are the correct things to be doing in order to develop good habits.

Our young players are encouraged to express themselves and to make decisions without fear of being criticized or fear of losing and that is what we want our coaches to encourage.

Just remember, in any game win or lose there were probably plenty of lessons learned and plenty of positives to take out of it. Ask your child after each game "how do you think you played?"

Just remember, an individual and a team can play well and lose. The question just asked focuses on performance, not on the result and we want our young players to try to gauge themselves on their performance.

Brentwood soccer club is committed to the development of our players and coaches and we will continue to encourage our coaching staff to follow recommendations made by US Soccer leadership on how best to meet those development goals for our players.



Important Dates

April 11 – BWS Banquet (Crockett Park 5:00-8:30)

April 14-21 – TCAP Testing

April 24 -Easter

May 6-8 -AWI Tournament

May 21-22 -U12/U13 Boys D3 State Tournament & U12-U16 Girls D3 State Tournament
(Chattanooga, TN)

May 27-29 -U12/U13 Boys & Girls D2 State Tournament & U14-U19 Girls D1 State Tournament
(Hendersonville, TN)

June 2-10 -Tryouts (For more details visit: http://www.brentwoodsoccerclub.com/tryouts/index_E.html)

June 17-21 – USYS Region III Tournament (Murfreesboro, TN)



Q&A With Coach Ajit Korgaokar

Questions compiled by the DOC and Assistant DOC

Coach Ajit Korgaokar holds a USSF "A" license, a NSCAA "Premier Diploma" and has completed the first part of his UEFA "A" license.

Ajit was a former TSSA State Director of coaching and has been a coach in this area for the past 15 years. Ajit is currently completing his PHD in exercise science at MTSU.

Q: Coach Ajit, I understand that your U16 Premier Girls team just got back from the Las Vegas Showcase tournament, how did it go for you and the team?

A: It went very well for the team (won 2 games and drew 2 games) but, more importantly, it went well for the players in terms of exposure to college coaches. The main objective for attending this tournament was for the girls to be seen by as many college coaches as possible and this was accomplished as witnessed by the number of colleges represented at all of the games.

Q: What are the benefits and how important is it to go to a tournament like this?

A: In terms of exposure, this tournament is extremely worthwhile and beneficial. The Vegas Showcase has become one of the premier tournaments for college coaches around the country to attend, especially for girls' teams. The U16 girls only have the spring of their U16 year and the spring of their U17 year to gain exposure, so attending key tournaments becomes paramount. What many people don't realize, players, coaches, and parents, is that the U18 year is too typically too late to be seen by a college coach. This is especially true for girls because girls are recruited at a much younger age than boys.

Q: You have coached both boys and girls teams for many years, in your experience what are some of the most significant differences that you encounter?

A: Where do I begin? I get asked this question a lot and there are stark differences between coaching boys and coaching girls. The dynamics among girls are very different to the dynamics among boys. In order to coach girls effectively you have to be empathetic to their needs. This is not to say you should not treat boys this way, but it's more important for girls to know you like them, care about them, and want to help them and you must find a way to demonstrate this. If you are like me and empathy isn't one of your stronger character traits, then you have to change and find a way to be more empathetic. There are a number of other areas I could mention to illustrate the differences between coaching boys and coaching girls, and this is just one. In short, when coaching girls, you need to be more aware of the personal and social dynamics within the team and you must be prepared to deal with issues of an emotional kind. I can honestly say that I enjoy coaching both sexes, but they are very different and require the coach to understand these differences.

Q: How long have you been coaching soccer? And describe what improvements you have seen in youth players in the time that you have been here in Tn.

A: I started coaching when I was 16 years old but it was not until I was in my 20s that I considered coaching as a career. I have seen a lot of improvements in the players in TN since my time living here; however, I thought I would see greater improvements than I have seen. I have been in TN for many years and I have not seen the players consistently getting better over the years. I coached an '88 and a '90 team, which Sandy Pollock also coached, and I expected the players coming after those boys to be much better, but I am disappointed to say that I have not seen this. I believe the main problem is that for some reason youth soccer teams don't train very much. Teams today are doing the same amount of training done 10-15 years ago. It's impossible to get better training only 2-3 times per week. For some reason, elite soccer players train far less than many other elite athletes in other sports. If you are a 13 year old dancer you might train 10-15 hours per week and sometimes more. If you are a 7 year old gymnast you would train more than 10 hours per week and if you are in the high school band you will train at least 2 hours per day. Yet, elite soccer players only train 3-5 hours per week. There is a significant amount of research that shows success in anything, not just sports,

comes down to the amount of time spent training for improvement in specific areas; referred to as deliberate practice. The only way for our players to improve is to train more. They can do two field sessions with the coach and two futsal sessions that can be monitored by a parent. Adding two more sessions will make a significant difference to the quality of our players. I have tried to do this with the '97 Premier boys and we have increased the amount of training because the boys want more and the parents are extremely supportive.

Q: What advice would you give to the young players in our club who desire to play on our top teams?

A: Train a lot, train more, and then do more than that. If you are not self-motivated to train a lot then you really should re-adjust your goals of what level you hope to achieve.

Q: As a senior coach in our club, what advice would you give to a young coach just getting started on his or her journey coaching youth soccer?

A: Get your coaching licenses and become a student of the game. Read as many articles, books, and websites as you can find and watch as many games as you can. Also, find good instructional videos and watch them over and over. And lastly, surround yourself with better coaches. There are no experts in this game and stay away from those who tell you they are, because they might only be an expert today and not tomorrow; that's how much this game changes.

Q: Finally, what do you find most satisfying about working at Brentwood soccer club?

A: Working with motivated players and sharing knowledge with other coaches. I've also been lucky to have a very supportive group of parents that have made my job much easier. At lastly, I always end with the best managers and I am not sure how this happens, but my team managers in the last four years have been excellent!



Update from the Executive Board

by Scott Hill, BWSC President

1. Elite Soccer Center - BWSC is joining with the ESC. For more information, see their website: <http://www.elitesoccercenter.com>
2. Spring Banquet - We are putting the final touches on BWSC's spring banquet
3. Thanks to Dorian Bailey and the audit volunteers, the audit committee has met and is on their way to recommending a process by which an audit can be completed.
4. Field Space - In an effort to alleviate field space issues, we are always discussing ways to find additional field space. Lance Mayes and Bill Bailey are actively pursuing potential field solutions. As all of you know, we have our challenges with fields but the BWSC is closer to finding alternatives that will allow our teams to practice more frequently, if desired, and at times traditionally more difficult like the summer months.
5. Our Indoor tournaments, thanks to Andrea Kenney, were a big success.
6. Important dates: General club meeting: May 4th. BOD meeting: May 18th.



Executive Board Positions up for Re-election

The following Executive Board Positions are coming up for re-election in our May Board of Directors meeting: VP of Boys, VP of Marketing, and Club Secretary. These are two-year terms for these volunteer positions. If you would like to be considered for any of these roles, please complete an EB Nomination

Form which can be found by following this link:

<http://www.brentwoodsoccerclub.com/scripts/runisa.dll?M2:gp::72028+L2/+E+150> (choose "Documents and Forms")

On the evening of the BOD meeting in May and the election, the nominating member will put forth your name and introduce you. You will then give a brief summary of your history with the club, qualifications, and explanation of your call to service. *[If the nominating member is not available the evening of the Election, they can nominate via email to Richard Boone at the email address below]*

This form will be sent electronically to the BOD ahead of the election in May and be posted on the Club Website as well.

PLEASE RETURN THIS FORM NO LATER THAN - **Sunday, April 17thth - 5:00 PM**, via email, to Richard Boone: richard.boone@baptisthospital.com



Adidas WOMEN'S INVITATIONAL

On May 6 – 8 BWSC will be hosting the AWI for the 8th consecutive year at Crockett Park! This is very competitive tournament for girls teams from U10 to U19 that will travel from Georgia, Kentucky, Indiana, Louisiana, Mississippi, West Virginia, and all over Tennessee. This year there have been over 130 applicants and approximately 85 are from outside of Middle Tennessee.

An exciting new opportunity is available to all participants from U15 to U18 at this year's AWI! Brentwood Soccer Club and Elite Soccer Center (ESC) have teamed up to identify U15-U18 players that may be able to attend their summer showcase event. ESC Scouts will be present at this year's AWI to observe players in each of the Tournament games. Players that are identified during the event will then be invited to the main event in Florida. The Main Event culminates in a weekend showcase in front of an invited audience of College coaches, MLS, USL, W-League & European club representatives and US & UK soccer agents. Players are guaranteed 3 x 60 minute games over the weekend and given greater game time than usual due the fact that we operate 11 man rosters for these games. All players' CVs are available to attendees prior to the weekend.

Good luck to all of our BWSC teams that will be competing at this year's

Adidas Women's Invitational!



Get your BWSC Spirit Wear

Exciting News! Find all your BWSC spirit wear at Soccer USA! Many items are still in stock, including hoodies, t-shirts, and practice t's. Soccer USA will be selling all spirit wear for the rest of this season and any new items that will debut with next season. Check out the items highlighted this month:



Navy Adidas golf shirts with shield are \$35 regularly \$45!

Also available: BWSC blankets are \$25 regularly \$34, great for those chilly morning games.



Red short sleeve dri-fit practice shirts are available this week for \$14!

Don't miss the unveiling of the new uniform at the BWSC annual banquet on April 11th!!



Volunteer Opportunity with the Tiny Tots Program

BWSC will be helping the Indoor Facility with a program called Tiny Tots. This is a program aimed at working with 3, 4, and 5 year olds. Any teenage players that may be in need of Volunteer Hours are welcome to volunteer for this program.

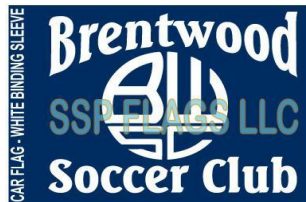
The sessions are on Thursdays and run from 4:00-5:00 for the 3 and 4 year olds. The 5 year olds run from 5:00-6:00. The remaining dates are listed below. If you are interested in volunteering please let your coach know.

April 7

April 14

April 21

April 28



Get Your BWSC Car Flag

The Boys 95 and 96 Premier teams are combining to send a group of players to England to compete at the end of July. In an effort to help offset their costs, the team has put together a FUNDRAISER. They are selling Navy/White BWSC car

flags (please find the design above). The cost of these flags is \$20 each and will be sold at Tower Park for one week only on April 4th-8th from 5pm until 8pm. We will accept cash or checks made payable to Brentwood 96 Premier Boys. Flags can also be purchased online at <http://www.brentwoodsoccerclub.com/flags/> and pay via PayPal.

You can also use your BWSC account funds to purchase these flags if you order as a team. If you would like to place team orders you may do so by contacting Kathryn Collins at kathryn@kcollinsco.com. Team orders do not have to include the entire team, but should have a majority of the team purchasing. Once we have received your team order we will coordinate with the manager, treasurer or designated individual to have the Bookkeeper Laura Page transfer the funds from your team account.

Whether you purchase individually, online, or as a team via email, you can pick up your orders during your child's practice at Tower Park April 4th-8th. If that week does not work for picking up orders, we will arrange another time for you to pick it up. For any special arrangements, please contact Kathryn Collins.

Show your BWSC SPIRIT by ordering your car flag TODAY!
Thank you in advance for supporting our boys in this special opportunity!



BWSC Tournament Success

Brentwood Soccer Club has started off the 2011 Spring Season with a bang! In just 4 tournaments, the club has come away with 13 Finalists and 11 Champions! Please take a moment to see the complete list of teams and their accomplishments at <http://www.brentwoodsoccerclub.com/success/457186.html>



Quotes for Success

"Take your victories, whatever they may be, cherish them, use them, but don't settle for them." – Mia Hamm



Learning Links

When we think of the sport of soccer, we often focus on how the athletes can continue to grow and educate themselves in order to become successful players. While that is very important, we cannot overlook the responsibility that parents of

athletes have to continue to grow and educate themselves in how to be the best support system for their children (young or old.) In the “Learning Links” section you will find links to valuable articles submitted by coaches for the growth of club members including players, coaches and parents. Visit the following links for great articles!

The 8 Winning Practices for Parenting Athletes:

http://www.usyouthsoccer.org/assets/parents/The_8_Winning_Practices-for_Parenting_Athletes.pdf

The Uneven Playing Field:

http://www.nytimes.com/2008/05/11/magazine/11Girls-t.html?_r=2&pagewanted=all&oref=slogin

Coaches, please submit any helpful articles or videos to communications@brentwoodsoccerclub.com

FOR SALE for rent FREE for
sale CARS trucks Babysitting
PETS for sale FOR RENT house
CLASSIFIEDS
FOR SALE for rent FREE for
sale CARS trucks Babysitting
PETS for sale FOR RENT house
FREE help wanted CARS

Introducing the BWSC Classifieds

BWSC’s next member newsletter will include a new Classifieds section! This section will give all members the opportunity to post items or services that are fitting for our readers. Posts submitted do not have to be soccer related. This section will be similar to a typical classifieds section containing items for sale/rent

or services offered such as babysitting, lawn care, etc. All submissions made up until the last day of the month will be included in the following month’s newsletter. For example, ads submitted by April 30th will be published in the newsletter that will go out to members on May 5th. The following is a list of guidelines to follow in submitting an ad:

1. Make sure to type in the email subject line – **BWSC Classifieds**
2. Include contact information to be posted with your ad
3. Please include enough detail in your ad without making it too lengthy
4. All ad submissions should be emailed to communications@brentwoodsoccerclub.com